

English Breakfast, Mint and Lavender Iced Tea

Serves: 8

Prep time: 30 minutes steeping + 1 hour chill time

Cook time: 0 minutes

Ingredients

3 traditional English Breakfast teabags

OR 1 tablespoon loose leaf tea

1 bunch fresh mint leaves, shredded

1 tablespoon dried lavender

Sweetener of your choice

2L water, boiled

½ lemon, sliced

Handful of extra mint, to garnish



Method

COMBINE tea, mint, lavender, sweetener and boiling water in a jug. Set aside for 30 minutes.

REMOVE the teabags or strain the tea.

REFRIGERATE for an hour until cool.

GARNISH with lemon slices and extra mint.

Recipe courtesy of the Country Kitchens team