Lemon Myrtle and Raspberry Iced Tea

Serves: 8

Prep time: 30 minutes steeping + 1 hr chill

Cook time: 0 minutes

Ingredients

8 green and lemon myrtle tea bags OR 2 tablespoons

loose leaf tea

4 tablespoons sweetener of your choice

1 bunch fresh mint, shredded

2L water, boiled

1 punnet fresh raspberries, to garnish (or frozen)

Fresh mint, to garnish



Method

COMBINE the tea, sweetener, mint and boiling water in a jug. Set aside for 30 minutes.

REMOVE the teabags, or strain the tea to remove the loose leaf tea.

REFRIGERATE for an hour until cool.

ADD mint, raspberry and ice to serving glasses or jug.

POUR the ice tea mixture into the glasses or jug.

Recipe courtesy of the Country Kitchens team







