

Greek Salad

Serves: 4

Prep time: 10 minutes

Cook time: 0 minutes



1½ serves per portion

Ingredients

280g baby spinach leaves

250g cherry tomatoes, halved

100g Greek feta, reduced fat, diced

50g kalamata olives, pitted

1 avocado, sliced

½ lemon, juiced

1 tablespoon balsamic vinegar

2 tablespoons extra virgin olive oil



Everyday Food

Method

PLACE baby spinach leaves, cherry tomatoes, feta and olives in a salad bowl.

ADD avocado slices to a small bowl and cover with lemon juice to prevent browning. Add avocado to salad and toss to combine.

ADD balsamic vinegar and olive oil to a jar. Fasten lid and shake to combine.

POUR vinaigrette over salad just before serving.

Recipe Courtesy of Naomi Tickle, Mackay Branch