

## Smashed Pumpkin Bruschetta

**Serves:** 4

**Prep time:** 5 minutes

**Cook time:** 0 minutes



1½ serves per portion

### Ingredients

2 cups roasted pumpkin

1 tablespoon pesto (store bought or homemade)

4 slices sourdough toast

260g jar chargrilled capsicum, drained

50g reduced fat feta

8 kalamata olives, halved

1 tablespoon roasted pumpkin seeds

Pepper, to taste

1 teaspoon balsamic vinegar

### Method

HEAT pumpkin in the microwave for one minute.

SPREAD pesto on each slice of toast.

MASH pumpkin onto toast.

ADD capsicum, feta, olives, pumpkin seeds and pepper.

DRIZZLE with balsamic vinegar and serve.



Everyday food

*Recipe courtesy of Maddy Noon, Country Kitchens team*