

Green Beans with Parmesan Garlic Breadcrumbs

Serves: 4

Prep time: 5 minutes

Cook time: 15 minutes



1½ serves per portion

Ingredients

400g green beans, ends trimmed

1 tablespoon olive oil

2 cloves garlic, minced

½ cup wholemeal breadcrumbs

Black pepper, to taste

3 tablespoons parmesan, finely grated

Method

STEAM beans in a stovetop steamer or microwave for around 5 minutes, or until tender-crisp.

HEAT oil in a frypan over medium heat.

ADD garlic, stirring until fragrant, around 1-2 minutes.

STIR in breadcrumbs and pepper, cooking until golden and crispy, around 3-5 minutes.

TOSS the breadcrumbs with the green beans and top with parmesan.



Everyday Food

Recipe courtesy of the Country Kitchens team