

# ONTARIO, CANADA

## ONTARIO POPULATION

**~15 MILLION**

Ontario is the most populated province in Canada and the second largest by land mass.



Rideau Canal Skateway in Ontario is the world's largest skating rink and spans 7.8 kilometers.

## FARMING

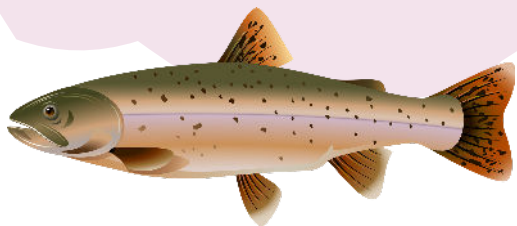
Ontario has over 50% of the highest quality farmland in Canada.

The climate and soil quality contribute to the high output of produce in Ontario.

Ontario holds

**20%**

of the world's fresh water supply and has around 250,000 lakes.



## CUISINE

Ontario & Canadian cuisine has Asian, European and Caribbean influence.

Freshwater fish, wild game meats, wild rice, & maple syrup are traditional Indigenous foods.



Ontario produces the equivalent of

**100**


apples per Canadian.

## PRODUCE

**70+**

types of vegetables are grown in Ontario.

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