

STRAWBERRY

QCWA PRODUCT OF THE YEAR 2026

STRAWBERRY FUN FACTS

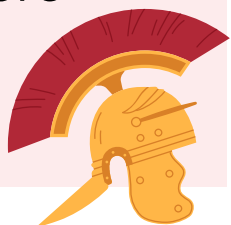
The strawberry plant is a member of the **rose family**



It is one of more than **20** species in the rose family with **edible fruit**



Ancient Romans believed that strawberries alleviated ailments such as depression, fainting, sore throats and fevers



There is an entire **museum** in Belgium dedicated to **history**, gastronomy and folklore of **strawberries**



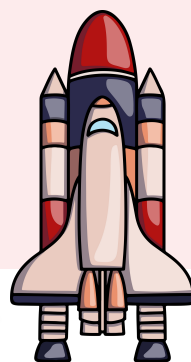
Strawberries were first grown in **France** in the 1750s



1 cup
of strawberries
is a serve

Dried, compressed and vacuum sealed, strawberries landed on the moon with Apollo 11 in

1969



Strawberries contain **fibre** and are a source of **potassium**, **magnesium** and **folate**. They are good for **heart** and **digestive** health

