

Strawberry Ricotta Toast

Serves: 1

Prep time: 5 minutes

Cook time: 0 minutes



1 serve per portion

Ingredients

2 slices sourdough bread, lightly toasted

8 medium strawberries, sliced

½ cup ricotta cheese, low fat

Optional toppings:

1 teaspoon honey

Lemon or lime zest

Finely chopped mint

Cinnamon

Roasted and chopped pistachios or walnuts

Method

SPREAD ricotta on toast.

TOP with sliced strawberries and your choice of toppings.

SERVE immediately.



Everyday Food

Recipe courtesy of the Country Kitchens team