

Banana Coconut Rice Pudding

Serves: 6

Prep time: 5 minutes

Cook time: 25 minutes



1/2 serve per portion

Ingredients

1 cup short grain rice

1/4 cup brown sugar

2 x 375ml cans light and creamy coconut flavoured

evaporated milk

or lite coconut milk

1 teaspoon vanilla extract

3 bananas, thinly sliced

Cinnamon, for garnish



Discretionary Food

Method

ADD rice and 2 cups of water in a saucepan, bring to the boil and then reduce to medium heat. COVER rice and cook for 5 minutes or until most of water is absorbed.

ADD sugar, coconut milk and vanilla essence before bringing it to the boil again.

REDUCE heat to low and simmer for 20 minutes, stirring occasionally to prevent sticking, until rice is soft and liquid is fully absorbed.

SERVE rice topped with banana slices (1/2 banana per serve) and sprinkle with ground cinnamon.

Recipe courtesy of Country Kitchens team